



# 8 Benefits of Summer Camp

Eight great ways your child can grow from the experience

1. Nurtures Social Skills
2. Models Healthy Living
3. Eases the Summer Slide
4. Enhances Self-Confidence
5. Helps Kids Unplug and Build Friendships
6. Reintroduces Kids to Nature
7. Fosters Teamwork
8. Encourages Personal Growth



## What Campers Say:

**96% say camp helped them make new friends**

**92% say people at camp make them feel good about themselves**

**74% did something they were afraid to do at first**

Source: ACACamps.org



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